



Support, information and awareness

We know that living with a liver condition can affect every aspect of your life. If you are a patient or care for someone with a liver condition, the British Liver Trust is here to help.



Nurse-led helpline: 0800 652 7330

Monday–Friday (10am–3pm)

or Email: helpline@britishlivertrust.org.uk



Information & Guidance

Comprehensive range of information and patient guides available online or to order:

www.britishlivertrust.org.uk/publications



Support groups

Run all over Scotland providing patients and families a platform to gain peer to peer advice and support.



Online Support and Education

Online support groups, topic-led discussions and education sessions delivered via Zoom.



Facebook support page

Join our private and moderated Facebook community group – search ‘Scotland Support Groups British Liver Trust’.



Liver Health Promotion & Education

Awareness raising events and health promotion activities. We work to provide a voice for Scottish liver patients.



Contact the British Liver Trust team in Scotland

Scotland Projects Manager: **Amy Caffrey** - 07824 056686
amy.caffrey@britishlivertrust.org.uk

Glasgow & West Scotland: **Gillian Macleod** - 07494 032528
gillian.macleod@britishlivertrust.org.uk

Highlands & Grampian: **Eden Reid** - 07494 032526
eden.reid@britishlivertrust.org.uk

The UK's leading liver health charity working to improve liver health for all and supporting those affected by liver disease and cancer.

www.britishlivertrust.org.uk